

Bent fingers could be
Dupuytren's contracture

OPEN UP YOUR OPTIONS

WITH NONSURGICAL XIAFLEX[®]

An FDA-approved, nonsurgical
treatment for adults with Dupuytren's
contracture when a cord can be felt

WHAT IS XIAFLEX[®]?

XIAFLEX is a prescription medicine used to treat adults with Dupuytren's contracture when a "cord" can be felt. It is not known if XIAFLEX is safe and effective in children under the age of 18.

IMPORTANT SAFETY INFORMATION FOR XIAFLEX

Do not receive XIAFLEX if you have had an allergic reaction to collagenase clostridium histolyticum or any of the ingredients in XIAFLEX, or to any other collagenase product. See the end of the Medication Guide for a complete list of ingredients in XIAFLEX.

**Please see additional Important Safety Information
for XIAFLEX on pages 26-27.**

**Click for full Prescribing Information,
including Medication Guide.**

YOUR GUIDE TO DUPUYTREN'S CONTRACTURE AND XIAFLEX[®]

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WHAT IS DUPUYTREN'S CONTRACTURE?

A hand condition that may get worse over time

Dupuytren's contracture is a progressive hand condition that can limit how much you can move or straighten your fingers. It's caused by a buildup of collagen under the skin that can form a rope-like cord. As time goes on, it can bend one or more of your fingers so you can't straighten them.

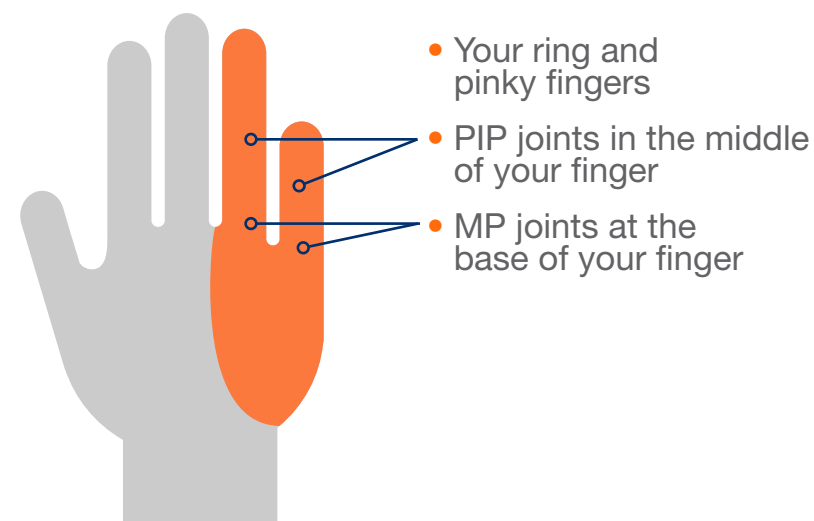
IMPORTANT SAFETY INFORMATION FOR XIAFLEX (cont)

XIAFLEX can cause serious side effects, including:

- **Tendon rupture or ligament damage.** Receiving an injection of XIAFLEX may cause damage to a tendon or ligament in your hand and cause it to break or weaken. This could require surgery to fix the damaged tendon or ligament. Call your healthcare provider right away if you have trouble bending your injected finger (towards the wrist) after the swelling goes down or you have problems using your treated hand after your follow-up visit

Please see additional Important Safety Information for XIAFLEX on [pages 26-27](#).

Dupuytren's contracture can occur in one or both hands. In either hand, the condition most commonly affects:



MP=metacarpophalangeal; PIP=proximal interphalangeal.

Click for full [Prescribing Information](#), including [Medication Guide](#).

WHO IS AT RISK FOR DUPUYTREN'S CONTRACTURE?

Although the exact cause is unknown,
some people are more likely to have
Dupuytren's contracture

IMPORTANT SAFETY INFORMATION FOR XIAFLEX (cont)

XIAFLEX can cause serious side effects, including (cont):

- **Nerve injury or other serious injury of the hand.** After finger procedures, some people developed tears in the skin (lacerations), and local skin and soft-tissue necrosis (death of skin cells). Some lacerations and necrosis required skin grafting, or other surgery including amputation. **Call your healthcare provider right away** if you get numbness, tingling, increased pain, or tears in the skin (laceration) in your treated finger or hand after your injection or after your follow-up visit

Please see additional Important Safety Information
for XIAFLEX on [pages 26-27](#).

Risk factors include:



Age

More common in people over 40



Family history

Often runs in families



Smoking

May increase risk



Gender

More likely to occur in men



Family background

More common in people with Northern European ancestry (Viking disease)



Diabetes

Also believed to increase risk

Click for full [Prescribing Information](#),
including [Medication Guide](#).

HOW DOES DUPUYTREN'S CONTRACTURE AFFECT YOU?

As time passes, Dupuytren's contracture can bend one or more of your fingers so you can't straighten them.

It's important to recognize the signs and talk to a hand specialist early on if you think you may have Dupuytren's contracture. This condition may get worse over time. A doctor can help you treat it.

IMPORTANT SAFETY INFORMATION FOR XIAFLEX (cont)

XIAFLEX can cause serious side effects, including (cont):

- **Hypersensitivity reactions, including anaphylaxis.** Severe allergic reactions can happen in people who receive XIAFLEX because it contains foreign proteins. **Call your healthcare provider right away if you have any of these symptoms of an allergic reaction after an injection of XIAFLEX:**

- hives
- breathing trouble
- low blood pressure
- swollen face
- chest pain
- dizziness or fainting

Please see additional Important Safety Information for XIAFLEX on pages 26-27.

Stages of Dupuytren's contracture



Collagen builds up in the hand beneath the surface of the skin



The collagen thickens into a rope-like cord. The cord extends from the palm to the finger



The tightening cord can make fingers bend inward toward the palm. This is called a contracture

To find a XIAFLEX[®]-trained hand specialist in your area, visit FindaHandSpecialist.com today.

Click for full [Prescribing Information](#), including [Medication Guide](#).

HOW XIAFLEX® WORKS TO TREAT DUPUYTREN'S CONTRACTURE

**XIAFLEX® is given by a trained
hand specialist in a doctor's office**



SCAN ME

Scan the code to learn
more about XIAFLEX®.

If you have a newer phone, simply use the camera to
scan this code and others found in this brochure.

If you have an older phone, you may need to download
a QR reader app to scan these codes.

IMPORTANT SAFETY INFORMATION FOR XIAFLEX (cont)

XIAFLEX can cause serious side effects, including (cont):

- **Fainting.** Fainting (passing out) or near fainting can happen in people who receive XIAFLEX, especially following finger procedures **If you have dizziness or feel faint after receiving XIAFLEX, lie down until the symptoms go away.**

Please see additional Important Safety Information
for XIAFLEX on [pages 26-27](#).



How is XIAFLEX® given?

XIAFLEX® is given:

- In a doctor's office
- By a hand specialist with XIAFLEX® training
- With no general anesthesia required

How can XIAFLEX® help?

Studies show that prescription XIAFLEX®, along with a finger extension procedure, may help straighten or nearly straighten the affected finger and may improve range of motion after up to 3 injections.

83% (206 out of 249) of patients were satisfied with XIAFLEX® compared with 30% (38 out of 125) of patients with placebo.*

*In 2 clinical studies, patients were asked to rate their satisfaction with treatment on Day 90 as "very satisfied," "quite satisfied," "neither satisfied nor dissatisfied," "quite dissatisfied," or "very dissatisfied." For data analysis, "satisfied" includes patients who chose "very satisfied" or "quite satisfied."

In these 2 clinical studies, patients received up to 3 injections of XIAFLEX® or placebo into a cord that could be felt on Days 0, 30, and 60. About 24 hours after each injection, patients had a finger extension procedure and were fitted with a splint to wear at bedtime for up to 4 months. Patients also performed finger exercises every day.

In these 2 studies, 60% of patients had a straight or nearly straight finger 30 days after the last injection on Days 30, 60, or 90 after up to 3 XIAFLEX® injections and finger extension procedures compared with 6% of patients who received placebo.

The most common side effects with XIAFLEX® in these studies were swelling of the injected hand and bruising or bleeding at the injection site.

Turn the page to see real-world XIAFLEX® results.

Click for full [Prescribing Information](#),
including [Medication Guide](#).

Real-world XIAFLEX[®] results

The following are examples of actual patients treated with XIAFLEX[®]

Patients had finger extensions performed by a physician. They were then fitted with a splint and told to use a splint at bedtime for up to 4 months. They were also told to perform daily finger exercises.

In studies, patients received up to 3 injections of XIAFLEX[®] or placebo into a cord that could be felt at approximately 4-week intervals.

The most common side effects with XIAFLEX[®] for the treatment of Dupuytren's contracture include swelling of the injection site or the hand; bruising or bleeding at the injection site; pain or tenderness of the injection site or the hand; swelling of the lymph nodes (glands) in the elbow or armpit; itching; breaks in the skin; redness or warmth of the skin; pain in the armpit.

Tell your healthcare provider if you have any side effect that bothers you or does not go away. These are not all of the possible side effects with XIAFLEX[®]. For more information, ask your healthcare provider or pharmacist.

IMPORTANT SAFETY INFORMATION FOR XIAFLEX (cont)

XIAFLEX can cause serious side effects, including (cont):

- **Increased chance of bleeding.** Bleeding or bruising at the injection site can happen in people who receive XIAFLEX. Talk to your healthcare provider if you have a problem with your blood clotting. XIAFLEX may not be right for you.

Treatment of one contracture

This patient had a cord that could be felt causing a contracture of the MP joint of the left ring finger. The cord was injected with XIAFLEX[®], and a finger extension procedure was performed 48 hours later.



Actual patient. Images used with permission from physician and patient.
MP=metacarpophalangeal.

Individual results may vary.

IMPORTANT SAFETY INFORMATION FOR XIAFLEX (cont)

Before receiving XIAFLEX, tell your healthcare provider if you have had an allergic reaction to a previous XIAFLEX injection, or have a bleeding problem or any other medical conditions. Tell your healthcare provider about all the medicines you take, including prescription and nonprescription medicines, vitamins, and herbal supplements. Using XIAFLEX with certain other medicines can cause serious side effects. Especially tell your healthcare provider if you take medicines to thin your blood (anticoagulants). If you are told to stop taking a blood thinner before your XIAFLEX injection, your healthcare provider should tell you when to restart the blood thinner. Ask your healthcare provider or pharmacist for a list of these medicines if you are unsure.

Real-world XIAFLEX® results

Treatment of one contracture

This patient had a cord that could be felt causing a contracture of the PIP joint of the right pinky finger. The cord was injected with XIAFLEX®, and a finger extension procedure was performed 48 hours later.



Actual patient. Images used with permission from physician and patient.
PIP=proximal interphalangeal.

Individual results may vary.

IMPORTANT SAFETY INFORMATION FOR XIAFLEX (cont)

The most common side effects with XIAFLEX for the treatment of Dupuytren's contracture include:

- swelling of the injection site or the hand
- itching
- bruising or bleeding at the injection site
- breaks in the skin
- pain or tenderness of the injection site or the hand
- redness or warmth of the skin
- swelling of the lymph nodes (glands) in the elbow or armpit
- pain in the armpit

Treatment of two contractures on the same hand

This patient had a cord that could be felt causing contractures of the MP and PIP joints of the left pinky finger. The cord was injected with XIAFLEX® at each location, and a finger extension procedure was performed 48 hours later.



Actual patient. Images used with permission from physician and patient.
MP=metacarpophalangeal; PIP=proximal interphalangeal.

Individual results may vary.

In studies, patients received up to 3 injections of XIAFLEX® or placebo along with finger extension procedures at approximately 4-week intervals.

IMPORTANT SAFETY INFORMATION FOR XIAFLEX (cont)

Tell your healthcare provider if you have any side effect that bothers you or does not go away. These are not all of the possible side effects with XIAFLEX. For more information, ask your healthcare provider or pharmacist.

TREATMENT WITH XIAFLEX®

Know what to expect from your XIAFLEX® procedure

You now know that XIAFLEX® is given in a doctor's office by a hand specialist trained to use XIAFLEX®. But what is the procedure like?



STEP 1—Receiving the injection



STEP 2—Extending your finger(s)



STEP 3—Checking your progress

IMPORTANT SAFETY INFORMATION FOR XIAFLEX

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Please see additional Important Safety Information
for XIAFLEX on [pages 26-27](#).

Turn the page for more detail.

Click for full [Prescribing Information](#),
including [Medication Guide](#).

STEP 1— Receiving the injection

The doctor will:

- Inject XIAFLEX® directly into the cord that is causing your finger(s) to bend
 - If you have more than 1 contracture, the doctor may give you 2 injections in 1 of your hands during the same visit



- General anesthesia isn't required

- Wrap your treated hand with bandages
- Advise you to limit the movement of your treated fingers
- Instruct you to keep your hand elevated until bedtime

Do not bend or straighten the treated finger(s) yourself.

IMPORTANT SAFETY INFORMATION FOR XIAFLEX (cont)

XIAFLEX can cause serious side effects, including:

- **Tendon rupture or ligament damage.** Receiving an injection of XIAFLEX may cause damage to a tendon or ligament in your hand and cause it to break or weaken. This could require surgery to fix the damaged tendon or ligament. Call your healthcare provider right away if you have trouble bending your injected finger (towards the wrist) after the swelling goes down or you have problems using your treated hand after your follow-up visit

STEP 2— Extending your finger(s)

Your first follow-up visit with the doctor will be about 1 to 3 days after the injection. If you still have the cord, the doctor may try to extend the treated finger(s) and “break” the cord. This is to help straighten your finger(s). **The doctor may use a local anesthetic during this procedure.**



After the extension procedure, the doctor will:

- Ask you to do simple finger exercises daily
- Instruct you to wear a splint at bedtime
- Advise you on how long to wait before resuming normal activities with the treated hand

STEP 3— Checking your progress

About 30 days after the injection, you should return to the doctor to have your finger(s) examined.

Depending on your results, or if the cord(s) is still present, you may need additional injections or finger extension procedures (up to 3 times per cord), approximately 4 weeks apart.



CONSIDERATIONS FOR DURING AND AFTER XIAFLEX® TREATMENT

When to contact the doctor and tips for performing hand exercises

XIAFLEX® is proven as safe and effective for the treatment of Dupuytren's contracture. Like any procedure, though, there are things you and the doctor should look out for.

IMPORTANT SAFETY INFORMATION FOR XIAFLEX (cont)

XIAFLEX can cause serious side effects, including (cont):

- **Nerve injury or other serious injury of the hand.** After finger procedures, some people developed tears in the skin (lacerations), and local skin and soft-tissue necrosis (death of skin cells). Some lacerations and necrosis required skin grafting, or other surgery including amputation. **Call your healthcare provider right away** if you get numbness, tingling, increased pain, or tears in the skin (laceration) in your treated finger or hand after your injection or after your follow-up visit

Please see additional Important Safety Information for XIAFLEX on [pages 26-27](#).

At any point during XIAFLEX® treatment and follow-ups, call the doctor right away if you experience:

- Signs of infection after your injection, such as fever, chills, increased redness, or swelling
- Numbness or tingling in the treated finger(s)
- Trouble bending the injected finger(s) after the swelling goes down or you have problems using your treated hand
- Increased pain in the injected finger(s) or hand
- Tears in the skin of your treated finger(s)
- Signs of an allergic reaction such as hives, chest pain, swollen face, low blood pressure, breathing trouble, or dizziness or fainting

Note that Dupuytren's contracture may return, no matter what treatment is used, whether it's surgical or nonsurgical (like XIAFLEX®). You can receive multiple injections of XIAFLEX® if necessary.

Look inside to see some after-treatment exercises you can do at home.

Click for full [Prescribing Information](#), including [Medication Guide](#).

CONSIDERATIONS FOR DURING AND AFTER XIAFLEX[®] TREATMENT

When to contact the doctor and tips for performing hand exercises

XIAFLEX[®] is proven as safe and effective for the treatment of Dupuytren's contracture. Like any procedure, though, there are things you and the doctor should look out for.

The following are examples of finger exercises you can do at home after your finger extension procedure.

This information should not take the place of talking with your doctor or healthcare professional. If you have any questions, talk to your doctor.

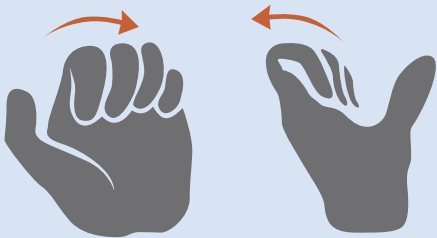
Exercise 1

Lay your hand flat on the table. Raise each finger up one at a time and hold for 5 seconds. Repeat 10 times. Repeat this exercise 4 times a day.



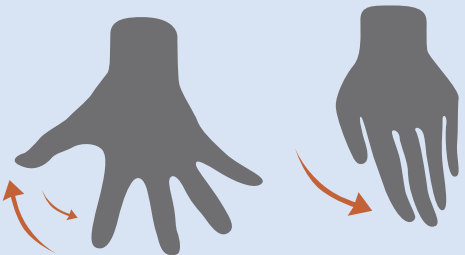
Exercise 3

Bend only the top 2 joints of all fingers, keeping your knuckles straight. Arch your knuckles back 10 times in a row. Repeat this exercise 4 times a day.



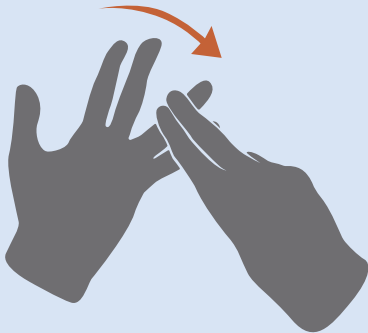
Exercise 2

Lay your hand flat on the table. Move each finger from side to side (like a windshield wiper) one at a time; repeat 10 times. Repeat this exercise 4 times a day.



Exercise 4

Use the unaffected hand to gently straighten the affected finger 10 times, holding for 5 to 10 seconds. Repeat this exercise 4 times a day.



IMPORTANT SAFETY INFORMATION FOR XIAFLEX (cont)

XIAFLEX can cause serious side effects, including (cont):

- **Nerve injury or other serious injury of the hand.** After finger procedures, some people developed tears in the skin (lacerations), and local skin and soft-tissue necrosis (death of skin cells). Some lacerations and necrosis required skin grafting, or other surgery including amputation. **Call your healthcare provider right away** if you get numbness, tingling, increased pain, or tears in the skin (laceration) in your treated finger or hand after your injection or after your follow-up visit

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COST SUPPORT FOR XIAFLEX[®]

**Eligible patients can save on
their XIAFLEX[®] copay**

\$0 copay for most eligible patients with
commercial insurance plans through the
XIAFLEX[®] Copay Assistance Program.*

Restrictions apply. See full terms and
conditions at XIAFLEX-savings.com.

*Based on analysis of claims filed September 2011 through March 2018.

Please see additional Important Safety Information
for XIAFLEX on [pages 26-27](#).

In situations in which you need to pay for XIAFLEX[®],
how much you pay will depend on your health benefits
or insurance coverage. The XIAFLEX[®] Copay Assistance
Program can **cover up to \$1200 of your out-of-pocket
costs** for each vial.



SCAN ME

For more information about saving on
XIAFLEX[®] or to download free resources,
visit XIAFLEXPatientSupport.com.

Click for full [Prescribing Information](#),
including [Medication Guide](#).

OTHER XIAFLEX® RESOURCES

Learn more about XIAFLEX®
and download resources at
XIAFLEX.com

IMPORTANT SAFETY INFORMATION FOR XIAFLEX (cont)

XIAFLEX can cause serious side effects, including (cont):

- **Hypersensitivity reactions, including anaphylaxis.** Severe allergic reactions can happen in people who receive XIAFLEX because it contains foreign proteins. **Call your healthcare provider right away if you have any of these symptoms of an allergic reaction after an injection of XIAFLEX:**

- o hives
- o breathing trouble
- o low blood pressure
- o swollen face
- o chest pain
- o dizziness or fainting

Please see additional Important Safety Information
for XIAFLEX on [pages 26-27](#).

At XIAFLEX.com, you can get more information about Dupuytren's contracture, XIAFLEX®, savings options, and more.

HEAR STORIES FROM REAL "FIRSTHAND HEROES"



Our video library contains insights from real XIAFLEX® patients.

DOWNLOAD SAVINGS AND SUPPORT RESOURCES



Many XIAFLEX® support resources, such as our Doctor Discussion Guide and Copay Card, are available for easy, free downloads.

Click for full [Prescribing Information](#),
including [Medication Guide](#).

WHAT IS XIAFLEX®?

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- **Nerve injury or other serious injury of the hand.** After finger procedures, some people developed tears in the skin (lacerations), and local skin and soft-tissue necrosis (death of skin cells). Some lacerations and necrosis required skin grafting, or other surgery including amputation. **Call your healthcare provider right away** if you get numbness, tingling, increased pain, or tears in the skin (laceration) in your treated finger or hand after your injection or after your follow-up visit
- **Hypersensitivity reactions, including anaphylaxis.** Severe allergic reactions can happen in people who receive XIAFLEX because it contains foreign proteins. **Call your healthcare provider right away if you have any of these symptoms of an allergic reaction after an injection of XIAFLEX:**
 - hives
 - chest pain
 - swollen face
 - low blood pressure
 - breathing trouble
 - dizziness or fainting

- **Fainting.** Fainting (passing out) or near fainting can happen in people who receive XIAFLEX, especially following finger procedures **If you have dizziness or feel faint after receiving XIAFLEX, lie down until the symptoms go away.**
- **Increased chance of bleeding.** Bleeding or bruising at the injection site can happen in people who receive XIAFLEX. Talk to your healthcare provider if you have a problem with your blood clotting. XIAFLEX may not be right for you.

Before receiving XIAFLEX, tell your healthcare provider if you have had an allergic reaction to a previous XIAFLEX injection, or have a bleeding problem or any other medical conditions. Tell your healthcare provider about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements. Using XIAFLEX with certain other medicines can cause serious side effects. Especially tell your healthcare provider if you take medicines to thin your blood (anticoagulants). If you are told to stop taking a blood thinner before your XIAFLEX injection, your healthcare provider should tell you when to restart the blood thinner. Ask your healthcare provider or pharmacist for a list of these medicines if you are unsure.

The most common side effects with XIAFLEX for the treatment of Dupuytren's contracture include:

- swelling of the injection site or the hand
- bruising or bleeding at the injection site
- pain or tenderness of the injection site or the hand
- swelling of the lymph nodes (glands) in the elbow or armpit
- itching
- breaks in the skin
- redness or warmth of the skin
- pain in the armpit

Tell your healthcare provider if you have any side effect that bothers you or does not go away. These are not all of the possible side effects with XIAFLEX. For more information, ask your healthcare provider or pharmacist.

Click for full [Prescribing Information](#), including [Medication Guide](#).

DISCOVER XIAFLEX®

An FDA-approved, nonsurgical treatment option for Dupuytren's contracture when a cord can be felt

**10+
YEARS**

For more than a decade, XIAFLEX® has been helping patients with Dupuytren's contracture open up their options.

**190,000
PATIENTS**

Since 2010, it is estimated that more than 190,000 adult patients with Dupuytren's contracture have been prescribed XIAFLEX®.*

*Through May 2022.

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To learn more or find a XIAFLEX®-trained hand specialist, visit [XIAFLEX.com](https://www.xiaflex.com) today.